

Abyss Overseas Dive Travel Packing Checklist

Carry-on, checked bag, spares, insurance checks and final departure prompts.

Pack by consequence, not price.

If losing an item would stop you flying, diving, taking medication, proving certification or charging your dive computer, keep it in carry-on where practical or make a backup plan.

1 Carry-on critical

Fragile, valuable, medically important or difficult to replace on day one.

2 Checked but protected

Bulky dive gear and clothing that should be padded and easy to inspect.

3 Confirm locally

Weights, tanks, gas, valves, rentals and operator-specific safety gear.

BEFORE YOU FLY

Travel admin

- ☐ Passport valid and undamaged
- ☐ Visas, ETAs and transit approvals
- ☐ Flights, transfers and accommodation
- ☐ Travel insurance certificate
- ☐ Dive accident, evacuation or recompression cover details
- ☐ Emergency contacts and destination emergency number
- ☐ Medication, scripts and doctor letter if needed

KEEP WITH YOU

Carry-on critical

- ☐ Passport, wallet, phone and key travel documents
- ☐ Medication, prescriptions and essential health paperwork
- ☐ Certification card and logbook backup
- ☐ Insurance details for the exact dives you are doing
- ☐ Regulator set, dive computer and charger or battery kit
- ☐ Mask or prescription mask
- ☐ Power bank, spare lithium batteries protected and one change of clothes

PAD AND PROTECT

Checked dive bag

- ☐ Fins and boots
- ☐ BCD with air emptied
- ☐ Wetsuit, drysuit or dive skin
- ☐ Snorkel, SMB, reel and whistle
- ☐ Towel, rashie, hat and sun protection
- ☐ Toiletries and general clothing

SMALL PARTS MATTER

Save-a-dive kit

- ☐ Assorted O-rings
- ☐ Mask strap or spare mask
- ☐ Fin strap and buckle set
- ☐ Mouthpiece and cable ties
- ☐ Silicone grease and defog
- ☐ Zip ties, zip-lock bags and small clips
- ☐ Small multi-tool in checked luggage only

Tip: keep the setup familiar. Avoid last-minute gear experiments before a first overseas trip or liveaboard.

COMFORT AND ROUTINE

Boat-day extras

- ☐ Water bottle and snacks
- ☐ Hat, sunglasses and sunscreen
- ☐ Dry bag and quick-dry towel
- ☐ Seasickness medication if used
- ☐ Ear care items and spare glasses or contacts

DO BEFORE DEPARTURE

Confirm locally

- ☐ Weights and tanks
- ☐ Valve type and weight system
- ☐ BCD or wetsuit sizing if renting
- ☐ Nitrox or specialty gas availability if needed
- ☐ Operator safety gear requirements and emergency procedures

Trip-specific packing prompts

Use the base checklist first, then adjust for the actual itinerary. Do not duplicate the whole bag.

WARM-WATER REEF

Vanuatu / warm-water reef

Own mask and dive computer, certification proof, insurance details, sun protection, and medication plus passport in carry-on.

EAT, SLEEP AND DIVE

Liveaboard trip

Soft luggage, spare straps, O-rings, chargers, dry bag, seasickness plan if used, and insurance details easy to access.

FIRST INTERNATIONAL

First overseas trip

Keep passport, medication, certification, insurance, regulator, computer and mask in carry-on where practical. Avoid last-minute gear experiments.

HIGHER CONSEQUENCE

Advanced or remote trip

More document backup, more spares, more medication and a clearer emergency plan. Check evacuation and support against the exact dives.

Final two questions before you zip the bag

- ☐ Could I still dive safely tomorrow if my checked luggage was delayed?
- ☐ Could I still get treatment, evacuation and support if something went wrong on the exact dives I am doing?

If the answer is no or you are unsure, fix the packing, confirm a rental backup, or check insurance before leaving Australia.

Official-reference reminders

Check the operating airline for batteries, power banks and tools. Check the dive operator for safety gear, valves, gases, rentals and emergency procedures. Check Smartraveller for each country you visit or transit. Use DAN guidance for dive travel packing and flying after diving.

Live links

Scan or click in the PDF to open the current page, insurance guide and overseas departures.



Live checklist

abyss.com.au/dive-travel-packing-checklist



Insurance checks

abyss.com.au/dive-travel-insurance



Overseas trips

abyss.com.au/travel-hub

Ask Abyss: dive@abyss.com.au